

# F or Y our I nformation

Volunteer Coaches in the Farmington Recreation Department Sports Programs utilize a Youth Sports Team Coaching Aid Card to track playing time for all their players. Games are structured with quarters/periods, depending on the sport. The Coaching Aid Card, shown below, helps to ensure that children are receiving fair and relatively equal playing time. This is one of our best tools to help each child receive the playing time they each deserve while developing as an athlete. There may be times when teams are short on players and must substitute a few players in more frequently, but our goal is to offer equal playing time! We call it the:

“EVERYBODY PLAYS AND EVERYBODY SITS POLICY”

## Farmington Recreation Department Youth Sports Team Coaching Aid

	Players	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Total	Info
1		/	/	/	/		Team:
2		/	/	/	/		Coaches:
3		/	/	/	/		
4		/	/	/	/		
5		/	/	/	/		
6		/	/	/	/		
7		/	/	/	/		Opponent:
8		/	/	/	/		Date:
9		/	/	/	/		Score:
10		/	/	/	/		Absent Players:
11		/	/	/	/		
12		/	/	/	/		
13		/	/	/	/		
14		/	/	/	/		
15		/	/	/	/		
16		/	/	/	/		